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Psychotherapist Carol Smaldino's ***The Human Climate***, Exploring Hidden Emotions and Addiction to Personal and Global Blaming, Debuts on Amazon.com and in U.S. Bookstores January 2019

Ft. Collins, CO – "I began to realize that unless the climate – the human climate – was more conducive to our caring about each other, and caring about the physical climate as well, we could solve nothing or little," remarks psychotherapist Carol Smaldino on the subject of her highly-praised book *The Human Climate – Facing the Divisions Inside Us and Between Us* (Dignity Press, ISBN 978-1-937570-84-2 • \$14.95 paperback/\$9.99 Kindle • 5 1/2 x 8 1/2 • 133 pages).

Psychologists, book critics, social justice thought leaders, and others laud Smaldino for her dynamic and creative discussions.

"This very accessible book is free of clinical jargon, but packed with clinical insights into the importance of emotions... The author advocates for empathy for others whether they are our children, adversaries, or world leaders – all in the service of promoting a peaceful human climate," writes Peter Buirski, PhD, Dean Emeritus and Clinical Professor, Graduate School of Professional Psychology, University of Denver.

Smaldino, a clinical social worker and psychotherapist, is a native New Yorker who divides her time between Colorado and Italy. A *Huffington Post* contributor 2008-2017, her blogs explore connections between emotions and social/political issues. More about Carol Smaldino and her book are at www.TheHumanClimate.com

Dignity Press of Lake Oswego, OR, and Germany, the publishing arm of World Dignity University, is dedicated to works that look at human dignity and humiliation from a global perspective. The book was posted on Amazon.com for pre-sales in

November 2018. The official release at U.S. bookstores thru Ingram Content is January 18, 2019. <http://www.dignitypress.org/>

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